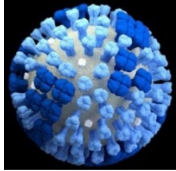


STOP THE SPREAD: FLU



Stopping the spread of flu begins with you. Influenza (flu) is a contagious respiratory disease that can lead to serious illness, hospitalization, or even death. The Centers for Disease Control and Prevention (CDC) recommends everyone six months and older get an annual flu vaccine.

Flu vaccination has been shown to:

- Reduce flu illnesses, doctors' visits, and missed work and school due to flu.
- Reduce the risk of flu-associated hospitalization for children, working-age adults, and older adults.
- Prevent serious medical events associated with some chronic conditions.
- Protect women during and after pregnancy and protect their babies after birth for several months.
- Be lifesaving in children.
- Reduce severity of illness in people who get vaccinated but still get sick.

Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

If you are unable to attend or do not have access to one of Caterpillar's onsite flu vaccination clinics, **Caterpillar insurance plans cover flu shots for active employees at 100%** under preventive guidelines when administered by an in-network provider.

For coverage under your medical benefit, contact your insurance carrier with questions or to verify if an urgent care/medical office is in your network.

UnitedHealthcare (UHC)

1-866-228-4215

Mon-Fri, 7am-5pm (Central Time)

myuhc.com

BCBS National Caterpillar NetWork

1-844-228-1120

Mon-Fri, 7am-7pm (Central Time)

myBlueElementIL.com

For coverage under your pharmacy benefit, network pharmacies include Walmart, Kroger, Walgreens, and their affiliates. If you need help locating a pharmacy or have questions, contact Magellan Rx.

Magellan Rx

1-877-228-7909

magellanrx.com/member/login