

Welcome to LifeWorks

Register now for a live orientation webinar!



LifeWorks blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependants with issues related to work, life, and everything in between.

LifeWorks offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and child care, managing money, or health issues, you can turn to LifeWorks for a confidential service that you can trust.

UK, USA & Canada Monthly Employee Orientations

[Thursday 19th January: 3p.m. GMT](#)

[Thursday 16th February: 3p.m. GMT](#)

[Thursday 16th March: 3p.m. GMT](#)

[Thursday 13th April: 3p.m. BST](#)

[Thursday 18th May: 3p.m. BST](#)

[Thursday 15th June: 3p.m. BST](#)

[Thursday 13th July: 3p.m. BST](#)

[Thursday 17th August: 3p.m. BST](#)

[Thursday 14th September: 3p.m. BST](#)

[Thursday 19th October: 3p.m. BST](#)

[Thursday 16th November: 3p.m. GMT](#)

[Thursday 14th December: 3p.m. GMT](#)



LifeWorks can help.

Register today to learn more about how LifeWorks can support you on your wellbeing journey!