

Substance Abuse and Addiction



Helpful Substance Abuse and Addiction Resources

Alcohol and Substance Abuse Hotlines

- Alcohol & Drug Helpline: **800-821-4357**
- American Addiction Centers: **888-692-9179** (americanaddictioncenters.org)
- National Alcoholism & Substance Abuse Information Center: **800-784-6776**
- National Council on Alcoholism and Drug Dependence Hope Line: **800-662-2255** (ncadd.org)
- National Drug Helpline: **888-633-3239** (drughelpline.org)
- National Suicide Prevention Lifeline: **800-273-8255** (suicidepreventionlifeline.org)
- Substance Abuse and Mental Health Services Administration (SAMHSA)
National Helpline: **800-662-4357** (samhsa.gov)

Alcohol and Substance Abuse Treatment

- Find a health center for substance abuse services: findahealthcenter.hrsa.gov
- Behavioral health treatment services locator: findtreatment.samhsa.gov

Smoking Cessation Quitlines, Apps, and Txt Messaging Programs

- Smokefree Quitline: **800-784-8669** (smokefree.gov)
- National Cancer Institute LiveHelp: **877-448-7848**
- Smokefree apps: smokefree.gov/tools-tips/apps
- SmokefreeTXT: smokefree.gov/tools-tips/text-programs