

## Show Us Your #SunSafeSelfie

Take a picture of yourself using sun protection and post your selfie on **Yammer** using the hashtag **#SunSafeSelfie**! Remember to use a combination of sun-safe strategies—like covering your skin, applying SPF 15+, seeking shade, wearing a wide brim hat, and sporting sunglasses—to protect your skin from sun damage today and lower your risk for skin cancer in the future.

## Total health