

Menopause Quick Facts and Statistics – United Kingdom

- There are approximately 4.9 million women aged 50 and over in employment in the U.K., and they make up the fastest growing demographic of workers in the U.K.
- Approximately 1 in 4 women will experience debilitating menopause symptoms.
- Menopause symptoms can have a significant impact on both attendance and performance in the workplace.
- A 2016 Wellbeing of Women survey indicated that 25% of women going through menopause had considered leaving work because of their experiences.
- Two thirds of women experiencing three or more menopause symptoms admit to having lost interest in their work or making mistakes.
- Nearly two thirds of women report they have lost their motivation to work due to menopause symptoms.
- Approximately 10% of women in the workplace have left their jobs due to menopause symptoms. This represents approximately 333,000 women across the U.K.

Sources: menopausesupport.co.uk; missionmenopause.com