

# AFRICAN-AMERICAN MEN AND LUNG CANCER

PROTECT YOUR FAMILY AND YOURSELF!

**AFRICAN-AMERICAN  
MEN** have the **HIGHEST  
RATES OF LUNG CANCER**  
in the U.S.

**LUNG CANCERS**  
are mostly  
caused  
by **SMOKING.**

When you  
smoke around  
your family,  
**EVERYONE  
SMOKES!**

The smoke from your  
cigarettes, called secondhand  
smoke, can cause lung cancer  
and other health problems in  
**PEOPLE WHO HAVE NEVER  
SMOKED, EVEN KIDS.**

There's  
**NO SAFE WAY  
to smoke.**

Menthol cigarettes are  
**JUST AS DANGEROUS**  
as non-menthol cigarettes.

**IT'S NEVER TOO LATE TO QUIT.**

**YOUR RISK FOR LUNG CANCER GOES DOWN WHEN YOU QUIT,**  
no matter how old you are or how long you have smoked.

Quitting can be hard, and you may need help.  
For free help quitting, visit [SMOKEFREE.GOV](http://SMOKEFREE.GOV),  
call 1-(800)-QUIT-NOW, or text the word **QUIT**  
to 47848 from your mobile phone.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention