## Improving Your Credit Score



## Nine Tips to Achieving Financial Wellness

- 1. Get a *My Money Checkup*. Use this free online tool to help better understand your overall financial health and what you can do to make improvements for the future. Visit *www.chestnut.org/credit/mymoneycheckup*.
- Develop a written budget. While there are no hard and fast rules for developing a budget because each
  household has different income and family dynamics, the following guidelines from the Department of
  Labor Consumer Expenditure Survey provide a useful starting point for families to develop a budget
  based on net income.
  - Housing 32%
  - Food 11%
  - Utilities 10%
  - Savings and miscellaneous 10%
  - Insurance 9%

- Transportation 5%
- Healthcare 5%
- Entertainment 5%
- Clothing 3%
- 3. Learn to spend less than you earn. Avoid using credit every time an unexpected expense comes up.
- 4. Protect your credit. Review your credit report annually to ensure all information is accurate. You can obtain your free report at www.annualcreditreport.com or by calling 1-877-322-8228.
- 5. Plan for retirement. Talk to your plan administrator and take advantage of pre-tax contributions and any employer fund-matching.
- 6. Include savings in your budget by paying yourself first. The key to saving money is your desire to *save* the money must be greater than your desire to *spend* the money.
- Keep sound financial records. Utilize online tools, including those offered by your financial institution, to keep your financial affairs orderly.
- 8. Plan ahead. Pre-pay for major purchases, such as a new TV or vacation, whenever possible.
- 9. Establish an emergency fund. Rather than relying on credit, make sure you have enough savings on hand in case you should suddenly need money in a hurry. A good rule of thumb is to save three to six months of your take-home pay.



